

**Nottinghamshire ASA Combined Championships & BAGCAT Age Groups
Shedule of Events 2010**

Session 1.	Start 9.00am	Saturday 13th February Beechdale	Session 6.	Start 9.00am	Saturday 27th February Mansfield
101	Female	400m I.M.	301	Female	50m Breaststroke
102	Male	100m Butterfly	302	Male	100m Freestyle
103	Female	100m Backstroke	303	Female	Final of 50m Breast
104	Male	Final of 100m Butterfly	304	Female	200m Backstroke
105	Male	400m Freestyle	305	Male	Final of 100m Freestyle
106	Mixed	Multidisability 50m Freestyle			
107	Female	Final of 100m Backstroke			
Session 2.	Start TBA		Session 7	Start TBA	
108	Female	50m Backstroke	306	Male	50m Free
109	Male	100m Breaststroke	307	Female	100m Breaststroke
110	Female	Final of 50m Backstroke	308	Male	Final of 50m Free
111	Female	200m Freestyle	309	Male	200m I.M.
112	Mixed	Multidisability 100m Backstroke	310	Female	Final of 100m Breaststroke
113	Male	Final of 100m Breaststroke			
Session 3.	Start TBA		Session 8.	Start TBA	
113	Male	50m Backstroke	311	Female	50m Freestyle
114	Female	100m Butterfly	312	Male	100m Backstroke
115	Male	Final of 50m Backstroke	313	Female	Final of 50m Freestyle
116	Male	200m Breaststroke	314	Female	200m I.M
117	Mixed	Multidisability 100m Freestyle	315	Male	Final of 100m Backstroke
118	Female	Final of 100m Butterfly			
Session 4.	Start 10.00am	Sunday 14th February Beechdale	Session 9.	Start 5.00pm	Saturday 6th March Worksop
201	Male	50m Butterfly	401	Male /Female	800m Freestyle
202	Female	200m Breaststroke			
203	Male	Final of 50m Butterfly	Session 10.	Start 5.00pm	Saturday 13th March Retford
204	Mixed	Mutidisability 50m Backstroke	402	Male /Female	1500m Freestyle
205	Male	400m I.M.			
Session 5.	Start TBA		Session 11.	Start 9.00am	Saturday 20th March Mansfield
206	Female	50m Butterfly	501	Male	50m Breaststroke
207	Male	200m Backstroke	502	Female	100m Freestyle
208	Female	Final of 50m Butterfly	503	Male	Final of 50m Breaststroke
209	Female	400m Freestyle	504	Male	200m Freestyle
			505	Female	Final of 100m Freestyle
<p>Withdrawals must be notified prior to the event by telephone / email and, on the day, not later than 1 hour before the start of swimming. Failure to notify a withdrawal at any time during the series of galas is subject to a £10 fine.</p> <p>Warm-ups are 45mins prior to the start of each session except the distance events at Worksop and Retford which are 30mins.</p>			Session 12	Start TBA	
			601	Male	100m I.M.
			602	Female	200m Butterfly
			603	Male	Final 100 I.M
			604	Female	100m I.M.
			605	Male	200m Butterfly
			606	Female	Final 100 I.M
RELAY GALA IS ON SUNDAY 21st MARCH AT BEECHDALE (see next page for the schedule)					

**RELAY GALA – SUNDAY 21st March – BEECHDALE
WARM-UP FROM 8:30am START 9:30am**

Event No		Event No	
701	F 10/un 4x50m Medley Relay	719	F 10/un 4x50m Freestyle Relay
702	M 10/un 4x50m Freestyle Relay	720	M 10/un 4x50m Medley Relay
703	F 12/un 4x50m Medley Relay	721	F 12/un 4x50m Freestyle Relay
704	M 12/un 4x50m Freestyle Relay	722	M 12/un 4x50m Medley Relay
705	F 14/un 4x50m Medley Relay	723	F 14/un 4x50m Freestyle Relay
706	M 14/un 4x50m Freestyle Relay	724	M 14/un 4x50m Medley Relay
707	F 16/un 4x50m Medley Relay	725	F 16/un 4x50m Freestyle Relay
708	M 16/un 4x50m Freestyle Relay	726	M 16/un 4x50m Medley Relay
709	F Open 4x100m Medley Relay	727	F Open 4x100m Freestyle Relay
710	M Open 4x100m Freestyle Relay	728	M Open 4x100m Medley Relay
711-718	Finals of the above events	729-736	Finals of the above events